



Power Rack, Big

Art.nr: 649

This Power Rack is excellent for squats, bench press and chins training, among other things. The rack is designed with safety frames that makes it easy for both the beginner and the experienced weightlifter to use the rack.

2 reversible chin bars included: D25mm + D40mm
Safety barriers included.

Length: 82 cm
Width: 122 cm
Height: 240.5 cm
Weight: 158 kg



Half Rack

Art.nr: 848

This one-sided Half Rack is a well designed rack with the possibility of a large number of exercises such as bench press, squats, chins, pull-ups, standing rowing, etc. A robust rack designed for commercial gyms.

Safety barriers 500mm included.

Length: 116 cm
Width: 164 cm (with weight holder)
Height: 230 cm
Weight: 101 kg



Half Rack Double Sided

Art.nr: 848D

Half Rack in double model is a great rack with the possibility of an extremely large number of exercises such as bench press, squats, chins, pull-ups, standing rowing, etc. Easy to place on the gym thanks to the compact design. Commercial quality for the professional gym.

Safety barriers 500mm included.

Length: 202.7 cm
Width: 164 cm (with weight holder)
Height: 230 cm
Weight: 180 kg



Wallmounted Rig
Art.nr: 601

This wallmounted Gymleco rig, or so-called training station for functional fitness, is a beautiful and stable rig for all gym environments. It is multifunctional with the possibility of many different training exercises such as squats and chins. The rig is designed and made by Gymleco and is therefore created with quality materials.

The rig is attached to the wall and has a number of extensions that you can add on as well as various options for building the rig bigger.



1.

Included:
 2 pc bar hangers
 Chins bar at 33,7 mm in diameter



2.

Included:
 Weight holder, pair with 4 + 4 weight places
 Security console



3.

Image shows how you can build out the rig with two sections with a chinbar at 130 cm between

Rig with 6 liftings places
Art.nr: 602

This rig from Gymleco has both low and high pillar positions so that you can integrate rope and ring stations as desired. The stand has a total of 11 pull-up stations, of which six are suitable squat stations. It can be equipped with accessories such as dip racks, safety equipment, weight racks, etc.

Height: 271 cm (You can also build a lower one if necessary)
 Height highest part: 346 cm
 Width: 122/142/182 cm, you can choose different widths depending on space.



Complete Crossbox Station
Art.nr: 610

Crossbox station from Gymleco provides versatile training for the whole body and the station can be built with complementary accessories completely according to your own conditions and wishes. You can for example build your station with additional parts such as a monkey bar, punching bag and squat suspension.

Length: 345 cm
 Width: 245 cm
 Height: 236 cm



Monkey Bar Rig
Art.nr: 614

The purpose of a Monkey Bar Rig is to, among other things, practice grip strength by getting from one side to the other hanging with your hands. But the stand also provides the opportunity for hanging a punching bag and chin railing, which provides more training opportunities. In addition, it is good to hang TRX on the rig.

Length: 410 cm
 Width: 170 cm
 Height: 229 cm



Equipment for functional fitness, calisthenics and strongman

Gymleco also has equipment for more than just traditional fitness and strength equipment. Trends that have emerged in recent years are among others functional fitness, calisthenics and strongman training. Strongman is a discipline in strength sports that focuses on functional strength. Instead of traditional bumper plates and barbells, they use among other things, cars, and tires as equipment. Calisthenics is a combination between gymnastics and parkour where body weight is used. Gymleco has for several years chosen to sponsor the various competitions in this area of training. All of the equipment is specifically designed and unique for the sport.

Read more about our products on our website:
www.gymleco.com



Farmers Walk with handles
Art.nr: 666

Robust and really durable Farmers Walk. With generous space between the user's legs. Upward-angled weight holders for longer durability of the equipment.

Weight: 15 kg / piece



Conan Circle w/ weight stack
Art.nr: 665

Gymleco Conan Circle is a classical strongman equipment which is used by adding weight plates on it and carry around the weight in a circulating motion.



Prowler Sled 50 kg
Art.nr: 685

Gymleco's Prowler Sled is one of the best tools for developing strength throughout the body. It combines the training of strength and endurance of legs, waist and arms.

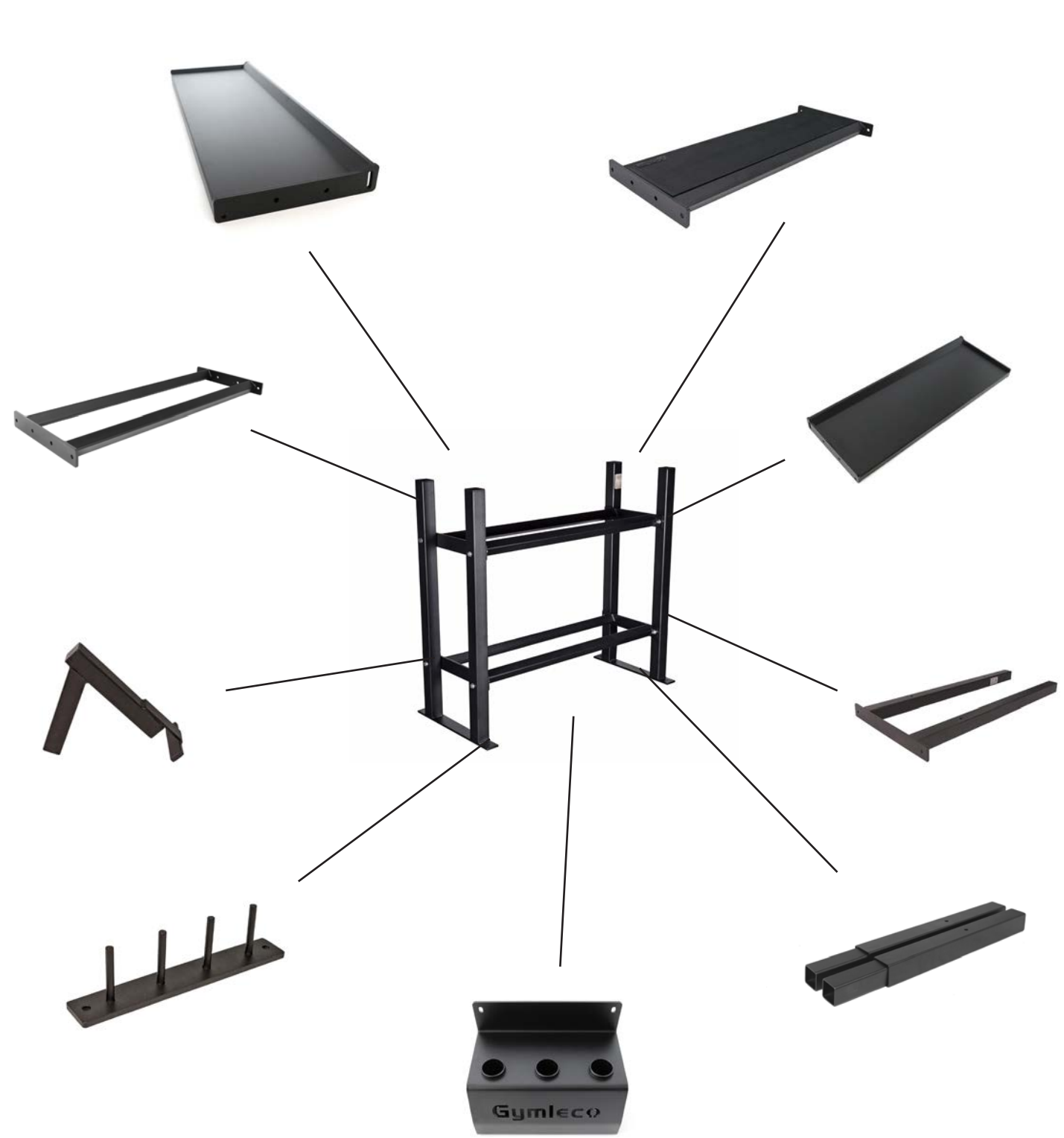
Length: 121 cm
 Width: 98 cm
 Height: 154 cm



Rack for Bumper Plates / Slamballs
Art.nr: 896

Picture shows the original racksize. You can add tiers with shelves that makes it possible to store your kettlebells or other small equipment.

Length: 120 cm
 Width: 40 cm
 Height: 108 - 164 cm



Build your Gymleco rack according to your wishes and conditions at the gym

You can customize this Gymleco rack completely to your needs. Build three shelves if you want to fit a lot on a small area. Build on the width if you have a lot of equipment and want everything gathered in one place for ease of use. Mix different types of shelves to make sure that all your equipment has a place on the scaffold. Add an accessory holder and add an accessory holder and a barbell rack to get up your equipment that otherwise just ends up on the floor.

Contact us and we will help you plan the best solution and give you a quote



Chalk Bowl / Stand
Art.nr: 692

A compact and smart designed standing bowl for storing chalk blocks or powder. This Gymleco Standing Bowl for chalk is perfect for commercial gyms and training boxes.

Push-up Bars
Art.nr: 621



These high-quality Gymleco Parallettes, or so-called Push-up Bars are used in calisthenics and help you get more power in exercises that strengthen the arms, shoulders and chest.

Length: 126 cm
Height: 122 cm
Width: 30 cm
Weight: 12 kg

Barbell Lifter / Barbell Jack
Art.nr: 898



Gymleco's barbell lifter is a tool that makes it easy to change weights during heavy weight training. Just roll over the bar with weights on and lift it up a few cm to change weights.

Length: 126 cm
Height: 122 cm
Width: 30 cm
Weight: 12 kg

Barbell Lift Mini
Art.nr: 899



Gymleco's barbell lift (mini) is a tool that makes it easy to change weights during heavy weight training. Just roll over the bar with weights on and lift it up a few cm to change weights.

Stock Press, Single Grip, 32 kg
Art.nr: 668

One grip Stock Press is used in the gym for strongman training. See article #669 Gymleco Stock Press for double grip and 50 kg. Used with international weights with 50mm in hole diameter.

Length: 177,5 cm
Grip: 30 mm



Stock Press, Double Grip, 50 kg
Art.nr: 669

Used in the gym for strongman training. See article #668 Stock Press for one grip and 32 kg. Used with international weights with 50mm in hole diameter.

Length: 177,5 cm
Grip: 30 mm



Punching Bag
Art.nr: N214

Designed to hold hard boxing training at the gym. The bag is 130 cm long which gives you the opportunity to turn on the bag thanks to the length.

Width: 40 cm
Length: 130 cm
Weight: 40 kg



Standing Punching Bag
Art.nr: N224

This standing punching bag is in a durable PVC material with a filling in foam plastic. Sand is not included.

Diameter: 41 / 60 cm
Height: 178 cm





Power Tyre, three sizes
Art.nr: N59

An old tractor tire has long been a popular tool in so-called hardcore strongman training. Now Gymleco has developed a custom tire that is a perfect training tool for you who are looking for variation in the training sessions. This one is perfect at the indoor gym.

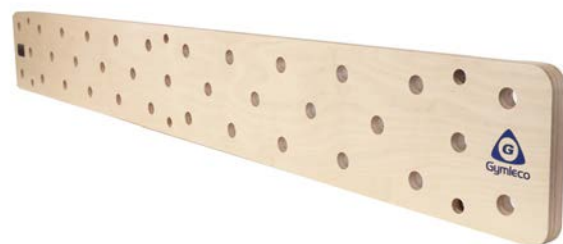
These training tires are available in three sizes:
Green: D87/40x25cm - 40kg
Blue: D103/50x31cm - 60kg
Red: D122/60x34cm - 80kg



Strongman Sand Bags, XS - XL
Art.nr: 869

Gymleco's Strongman Sandbags is an excellent equipment for both strongman, functional fitness and other free weight training. A good choice instead of atlas stones and slamballs. The sandbags are good for exercises such as front squats and sandbag carries. The bag is closed with the included rings, ball and cable tie. Note that the bag is not delivered with sand. We recommend filling the bag with ordinary fine-grained sand.

Available in sizes 30 kg, 45 kg, 65 kg, 85 kg, 115 kg



Peg Board
Art.nr: 611

Gymleco's Peg Board is designed and manufactured with the absolute finest quality. It has a total of 35 holes and is made of strong wooden material. Training in a pegboard is extremely heavy and good for your grip strength, as you hang your hands on two sticks and move forward, up and down with them.

Two sticks of oak are included
Measures: 2420x300 mm

Soft Drop Boxes
Art.nr: A-756013

Crash Pads are an innovative piece of equipment which quickly got popular in weight lifting. The pads are used in weight lifting and functional training with the purpose of minimizing the sound but also lower the impact on the equipment when you drop your barbell with weights.

Length: 75 cm
Width: 60 cm
Height: 13 cm
Weight: 7,8 kg



Podium for Atlas Stones, 3 heights
Art.nr: 867

Gymleco's Podium for Atlas Stones are an essential part of your Strongman equipment. The podiums are robust and made of the highest quality to make sure that you can lift as heavy and as much as you'd like.

The podium is available in sizes 150 cm, 135 cm and 120 cm, but can also be ordered in other sizes



Weightlifting Podium
Art.nr: 890

Weightlifting Podium in the Gymleco brand. The middle part is plywood with grooved plastic surface for best grip. The middle part is surrounded by durable Everroll Elastic Tiles – rubber mat. The podium is also surrounded by a powder-coated metal frame.

Measures: 3000 x 2500 x 30 mm

